



EDUCATION

- **PhD in Political Science:** 2/2021 - 1/2025
University of Zurich
Advisor: Silja Häusermann, co-advisors: Markus Wagner, Tarik Abou-Chadi
Promotion Committee: Silja Häusermann, Tarik Abou-Chadi, Ruth Dassonneville, Armin Schäfer
- **MA in Political Science:** 9/2018 - 7/2020
University of Zurich
Major: Political Science (120 ETCS)
- **BA in Political Science:** 9/2014 - 7/2017
University of Zurich
Major: Political Science (120 ETCS), Minor: Modern History (60 ETCS)

ACADEMIC EMPLOYMENT

- **Postdoctoral Assistant:** 6/2025-
Humboldt-Universität zu Berlin
Chair of "Political Sociology and Social Policy"
- **Postdoctoral Assistant:** 2/2025 - 5/2025
University of Zurich
Chair of "Methods"
- **Doc. CH Grant Holder:** 9/2021 - 12/2024
University of Zurich
Chair of "Swiss Politics and Comparative Political Economy"
- **Visiting PhD Researcher:** 8/2023 - 2/2024
University of Amsterdam
Research Group "Challenges to Democratic Representation"
- **Doctoral Assistant:** 1/2021 - 9/2021
University of Zurich
Chair of "Swiss Politics and Comparative Political Economy"
- **Teaching and Research Assistant:** 9/2019 - 3/2021
University of Zurich
Research Area "Direct Democracy and Political Participation"
- **Research Assistant:** 7/2020 - 12/2020
Junge Akademie Deutschland
- **Teaching and Research Assistant:** 10/2017 - 12/2020
University of Zurich
Chairs of "Swiss Politics and Comparative Political Economy" and "International Relations"

PEER-REVIEWED JOURNAL ARTICLES

Mitteregger, Reto (2026): Nothing else matters: Salience Differences between age groups. *European Political Science Review*.

Mitteregger, Reto and Jocker, Thomas (2026): "Do they want, can they, and have they been asked? Generational Differences in Reasons for Non-Voting in Switzerland". *Swiss Political Science Review*.

Mitteregger, Reto and Haffert, Lukas (2025): "How Generational Replacement Feeds the Urban-Rural Divide: Evidence from Switzerland (1995-2023)". *European Journal of Political Research*.

Abou-Chadi Tarik; Häusermann, Silja; Mitteregger, Reto; Mosimann, Nadja; Wagner, Markus (2025): "Trade-offs of social democratic party strategies in a pluralized issue space: a conjoint analysis". *World Politics*, 77: (3).

Mitteregger, Reto (2025): "Overlooked De- and Realignment: Cohort Differences in Consideration Sets". *West European Politics*, 1–37.

Mitteregger, Reto (2024): "Socialized with "old cleavages" or "new dimensions": An Age-Period-Cohort analysis on electoral support in Western European multiparty systems (1949–2021)." *Electoral Studies*, 87: 102744.

Haffert, Lukas, and Mitteregger, Reto (2023): "Cohorts and neighbors: Urban-rural conflict along the age gradient". *Electoral Studies*, 86: 102705.

BOOKS AND BOOK CHAPTERS

Abou-Chadi, Tarik, Häusermann, Silja, Mitteregger, Reto, Mosimann, Nadja, Wagner, Markus (2024): "Old Left, New Left, Centrist or Left Nationalist? Determinants of support for different social democratic programmatic strategies". In: Häusermann, Silja, and Kitschelt, Herbert (eds.): "Beyond Social Democracy: Transformation of the Left in Emerging Knowledge Societies", Cambridge University Press.

Häusermann, Silja; Abou-Chadi, Tarik; Bürgisser, Reto; Enggist, Matthias; Mitteregger, Reto; Mosimann, Nadja; Zollinger, Delia (2022): "Perspektiven und Wählerschaft der Schweizer Sozialdemokratie", NZZ Libro.

UNDER REVIEW

"Life-cycle differences between cohorts in Switzerland" (with Lena Ajdacic and Matthias Enggist)

"Man-y Ways to be right": Generational Differences in male far-right voting (single-authored)

WORK IN PROGRESS

"Shaping the Norm: The Impact of Salient Direct Democratic Campaigns on Young Voters' Political Socialization" (working paper; with Iva Srbinovska)

"Abstiegsangst": Leveraging the relegation of football teams to study the political effects of regional status loss (working paper; with Lukas Haffert, Tobias Korn, and Valentin Lang)

"Programmatic Trade-Offs of Green Parties in Difficult Times" (working paper; with Hanna Schwander and Franziska Veit)

"Progressive Placeholders" (working paper; with Julius Kölzer)

"It turns out, they don't turn out": Generational Realignment and Turnout Differences in Direct Democracy (1981-2026) (working paper; with Thomas Jocker)

REPORTS, OTHER PUBLICATIONS AND PUBLIC OUTREACH

Mitteregger, Reto (2025): "[The age divide in Germany's election](#)", UK in a Changing Europe.

Mitteregger, Reto and Haffert, Lukas (2023): "[Junge Städter vs. Junge vom Land: ein neuer Generationenkonflikt?](#)", DeFacto.

Häusermann, Silja, Tarik Abou-Chadi, Reto Bürgisser, Matthias Enggist, Reto Mitteregger, Nadja Mosimann, Delia Zollinger (2022): "[Wählerwanderungen rund um die Schweizer Sozialdemokratie](#)", Anny Klawa Morf Stiftung.

Häusermann, Silja, Tarik Abou-Chadi, Reto Bürgisser, Matthias Enggist, Reto Mitteregger, Nadja Mosimann, Delia Zollinger (2022): "[Das Wählerpotenzial der Schweizer Sozialdemokratie](#)", Anny Klawa Morf Stiftung.

Abou-Chadi, Tarik, Mitteregger, Reto, Mudde, Cas (2021): "[Left behind by the working class? Social democracy's electoral crisis and the rise of the radical right.](#)" Berlin, 2021: Friedrich-Ebert-Stiftung. Abteilung Analyse, Planung und Beratung.

Häusermann, Silja, Herbert Kitschelt, Tarik Abou-Chadi, Reto Mitteregger, Nadja Mosimann, Philipp Rehm and Markus Wagner (2021): "[Transformation of the left: The resonance of progressive programs among the potential social democratic electorate](#)", Berlin: Friedrich-Ebert-Stiftung, International Policy Analysis.

Abou-Chadi, Tarik, Mitteregger, Reto, Mudde, Cas (2021): "[Krise der Sozialdemokratie: Wähleranalyse widerlegt gängiges Narrativ](#)", DeFacto.

Mitteregger, Reto (2021): "[Young and green/old and red?](#)", Agenda Publica.

Mitteregger, Reto (2017): "[Zwischen Eliten- und Arbeiterpartei: Wen repräsentiert die SP?](#)", DeFacto.

GRANTS AND AWARDS

- **Prize of best Dissertation:** 2025
"Generational Voting Effects in Western Europe"
University of Zurich, Department of Political Science
CHF 500
- **Doc.CH Grant for PhD Project:** 9/2021 - 12/2024
"Generational Voting Effects in Western Europe"
Swiss National Science Foundation
Project: 203868
CHF 220'445
- **SAGW Travel Grant:** 4/2024
Swiss Association of Humanities and Social Sciences
European Travel Grant
CHF 500
- **Nomination for the Rudolf Wildenmann Prize 2023:** 9/2023
"Overlooked Realignment: Cohort Differences in Consideration Set Models"
ECPR Joint Sessions 2023, Toulouse
- **Prize of best MA Thesis:** 2020
"The Greying of Social Democracy?"
University of Zurich, Department of Political Science
CHF 500
- **Prize of best BA Thesis:** 2017
"Kongruenz oder Divergenz? Unterschiede und Erklärungen der Kongruenz innerhalb der potenziellen Wählerschaft der Sozialdemokratischen Partei der Schweiz"
University of Zurich, Department of Political Science
CHF 500

ACTIVE CONFERENCE PARTICIPATION

CES	2024, 2026
DVPW "AK-Wahlen"	2022
ECPR General Conference	2022
ECPR Joint Sessions	2023
EPSA	2021 (online), 2023, 2025
EPSS	2026
European Graduate Network Conference	2022, 2023
InEquality Conference, Konstanz	2024 (online), 2026
NoPSA (Workshop on "Generations and Youth Participation")	2024
SPSA	2021 (online), 2022 (online), 2023, 2024, 2025, 2026

WORKSHOPS AND INVITED TALKS (ACADEMIC TALKS/WORKSHOPS)

- **"Einstein Research Unit":** 2026
Humboldt University Berlin
- **"Progressive Politics Research Network Conference":** 2025
Humboldt University Berlin

- **"Generations and Voting":**
Guest Lecture, Universität Freiburg i. Breisgau 2024
- **"Challenges Seminar Series":**
Seminar Series, University of Amsterdam 2023
- **"Territorial Cleavage Formation":**
Workshop, University of Bergen 2023
- **"Progressive Politics Network Conference":**
Workshop, University of Zurich 2023
- **"Socio-economic Transformations, Group-based Threats and Political Behavior in Western Europe":**
Workshop, University of Zurich 2022
- **"Beyond Social Democracy":**
Transformation of the Left in Emerging Knowledge Societies (Online Workshops) 2021

OTHER INVITED TALKS

- **Grüne Partei der Schweiz (Generalsekretariat und Präsidium):**
"Die Grüne Partei der Schweiz vor den Nationalratswahlen 2027", Chur 2026
- **SP Schweiz, Loewenberg-Tagung (Generalsekretariat und Präsidium):**
"Ausblick auf die Wahlen 2027 - eine Politikwissenschaftliche Einschätzung", Murten 2025
- **Grüne Partei der Schweiz (Generalsekretariat und Präsidium):**
"Die Grüne Partei bei den Nationalratswahlen 2023", Bern 2024
- **SP Kanton Basel-Stadt, Parteitag:**
"Wählerschaft und Perspektiven der Schweizer Sozialdemokratie - Wer wählt die SP?", Basel 2023
- **SP Kanton Uri, Parteiversammlung:**
"Wählerschaft und Perspektiven der Schweizer Sozialdemokratie", Altdorf 2023
- **SP Schweiz, Bundeshaus-Fraktionsklausur:**
"Wählerschaft und Perspektiven der Schweizer Sozialdemokratie", Thun 2023
- **SP Kanton Solothurn, Fraktionsseminar:**
"Wer wählt die Sozialdemokratie", Solothurn 2022
- **SP Kanton Aargau, Frühjahrstagung:**
"Wer wählt die SP Schweiz und warum?", Aarau 2022
- **Friedrich Ebert Stiftung - Gesprächskreis Sozialwissenschaften:**
"Verlassen von der Arbeiterklasse?", Berlin 2022
- **SP Kanton Zürich, Fraktionstagung:**
"Wer wählt die Sozialdemokratie in der Schweiz und Europa", Zurich 2021

TEACHING EXPERIENCE

- **Instructor (Humboldt University in Berlin):**
"Talking 'bout the Generations", graduate (BA) 2026
- **Instructor (Humboldt University in Berlin):**
"Beyond Social Democracy: Left-wing electorates in Europe", graduate (BA) 2025/2026
- **Instructor (University of Zurich):**
"Beyond Social Democracy: Left-Wing Parties in Western Europe", graduate (MA) 2025
- **Instructor (University of Zurich):**
"Social Democracy in Switzerland and Europe in the 21st Century", undergraduate (BA) 2024
- **Instructor/Supervisor (University of Zurich):**
"Research Seminar: Datajournalism", graduate (MA) 2024
- **Leading Tutor (University of Zurich):**
"Political Systems and Theories", undergraduate (BA) 2021-2023
- **Tutor (University of Zurich):**
"Political Systems and Theories", undergraduate (BA) 2019-2021
- **Teaching Assistant (University of Zurich):**
"Swiss Politics from a Comparative Perspective", undergraduate (BA) 2019
"International Relations", undergraduate (BA) 2017-2019

SERVICE

- **Journal Reviews for:**
British Journal of Political Science, Comparative Political Studies, East European Politics, Electoral Studies, European Journal of Political Research, European Political Science Review, European Politics and Society, European Union Politics, Nature Climate Action, Party Politics, Political Behavior, Political Geography, Political Studies, Public Opinion Quarterly, Political Research Exchange, West European Politics
- **Grant Reviews for:**
National Science Centre, Poland
FUNIGE, University of Geneva, Switzerland
- **Active Member:** 6/2021-5/2025
CIS-PhD Coordination Peer Group (joint PhD group ETH/UZH)
- **Organization Committee Member:** 12/2023-5/2024
European Graduate Network Conference, Zurich
- **Doctoral Representative:** 1/2021-12/2022
Subject Board of the Social Sciences, University of Zurich
- **Doctoral/Post-Doctoral Representative:** 10/2021-5/2022
Evaluation Board, Department of Political Science, University of Zurich

MEDIA (SELECTION)

[Al Jazeera](#)
[Domani](#)
[Denknetz](#)
[El Diario](#)
[Der Freitag](#)
[Le Temps](#)
[NZZ](#)
[NZZ am Sonntag](#)
[Republik](#)
[SRF](#)
[TVP](#)
[WOZ](#)

SKILLS

- **Software:**
R
LaTeX/Overleaf
Qualtrics
Git (Basics)
- **Languages:**
German (native), English (fluent), French (very good), Italian (very good), Dutch (beginner)
- **Methods Training:**
Using Artificial Intelligence in Social Science Research (2024)
Mixed Methods (2023)
Reproducibility in Social Science (2022)
Data Visualization of Quantitative Social Science (2021)
Advanced Statistics with R (2021)
Advanced Quantitative Methods (2019)
- **Other Skills:**
Writing Workshop for social scientists (2024)
Science Communication for social sciences (2023)
Teaching Skills Program, University of Zurich (2017, 2019, 2021)
Media Communication Course for doctoral students (2021)

OTHER MEMBERSHIPS/ACTIVITIES

- **Coding Instructor:**
Friedrich Ebert Stiftung: (Unequal) Political representation in European parliaments 12/2023-10/2024
- **Board Member:**
”Discuss it”, [Organization to promote civic education](#) 2017-2023